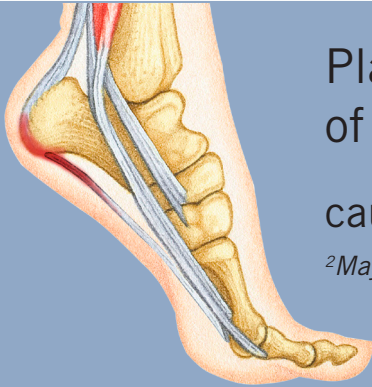


# What is your **Plantar Fasciitis I.Q.?**



Plantar fasciitis is one of the **most common** causes of heel pain.<sup>2</sup>

<sup>2</sup>Mayo Clinic

According to one study,

**88%** of patients experienced significant improvements after using a dorsiflexion night splint for one month.<sup>1</sup>

*We believe dorsiflexion splints provide relief from the symptoms of recalcitrant plantar fasciitis in the majority of patients.<sup>1</sup>*



**Nice Stretch X-Lite has received the Ease-of-Use Commendation from the Arthritis Foundation.**

Plantar fasciitis is common among a broad range of occupations including athletes, soldiers, factory workers, construction workers, teachers and more.



**AAOS**

The American Academy of Orthopaedic Surgeons

***“A night splint is very effective in the treatment of Plantar Fasciitis.”***



NICE STRETCH was the first night splint on the market with built-in cold therapy.



Scan for product demo or visit [brownmed.com/videos](http://brownmed.com/videos) for more information.

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Kansas City, MO 64111  
TF 877-853-5518  
P 816-581-7001  
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1. Effective Treatment of Chronic Plantar Fasciitis with Dorsiflexion Night Splints: A Crossover Prospective Randomized Outcome Study  
Powell M, Post WR, Keener J, Wearden S; Foot Ankle Int<sup>l</sup>; Jan 1998; 19(1)