

# DELIVERS THE BENEFITS OF CRYOTHERAPY WITH COMPRESSION FOR SOFT TISSUE TRAUMA



**CONFORMS TO BODY** 

TREAT TARGETED
AREAS WITH PRODUCTS
SPECIFIC TO YOUR NEEDS



FINGER SLEEVE



SHIN WRAP



SHOULDER/HIP WRAP



WRIST/ELBOW WRAP



# ENCAPSULATED ICE PACK

- TRANSPORTS EASILY IN COOLER WITH ICE
- PROVIDES QUICK REFREEZE TIME



#### **VERSATILE**

- · HOSPITAL
- · HOME
- · CLINIC
- SPORTS



KNEE WRAP



CPM KNEE WRAP



FOOT/ANKLE WRAP



#### **SOFT FLEECE MATERIAL**

- ELIMINATES MIGRATION DURING USE
- INSULATES SKIN TO PREVENT FROST BITE
- WICKS MOISTURE AWAY



### R.I.C.E. THERAPY

- POST-SURGICALLY
- DURING REHABILITATION
   + AFTER PHYSICAL ACTIVITY
- PAIN RELIEF FOR BRUISES, SPRAINS OR INJURIES



QUICK WRAP



BACK WRAP



TMJ WRAP

# PRODUCT NUMBERS + SIZING CHART

10303 FINGER SLEEVE **SMALL** 10304 FINGER SLEEVE **MEDIUM** 10305 FINGER SLEEVE LARGE 30011 SHIN WRAP - SMALL 12-14" SHIN WRAP - MEDIUM 14-15" 30013 SHIN WRAP - LARGE 15-17" 30014 SHIN WRAP - XLARGE 17-19" 30036 SHIN WRAP UNIVERSAL 30100 SHOULDER/HIP WRAP UNIVERSAL 30101 WRIST/ELBOW WRAP UNIVERSAL 30102 CPM KNEE WRAP UNIVERSAL 30103 STANDARD KNFF WRAP 13" X 16" 30104 LARGE KNEE WRAP 13" X 26" 30105 FOOT/ANKLE WRAP UNIVERSAL 30107 QUICK WRAP UNIVERSAL 30108 BACK WRAP UNIVERSAL 30109 TMJ WRAP UNIVERSAL

### **UNIVERSAL SIZING + ADJUSTABLE**







Polar Ice will help to reduce muscle strains and swelling, control pain and promote healing when used according to your physician's instructions following surgery, injury or during rehabilitation.

## **INSTRUCTIONS FOR USE**

 Apply Polar Ice Cold Therapy Support over surgical dressing or injured body area immediately following surgery, strain, or injury, securing with hook and loop for proper fit.

- 2. For initial application, wear ice therapy wrap for up to 45 minutes over soft dressing or lightweight cloth. If applied directly to skin, Polar Ice Cold Therapy Support should be worn about 20 minutes.
  - Reapply Polar Ice Cold Therapy support at 20-30 minute intervals during first 24-48 hours. Refreezing period is approximately one hour.

### **HOSPITAL PATIENTS**

- Polar Ice Cold Therapy Support should be applied immediately following surgery to reduce pain and swelling.
  - · Continue to apply until dressing is removed.
  - Following removal of dressing, apply
     Polar Ice Cold Therapy Support as needed.

### **FREEZING**

Place Polar Ice Cold Therapy Support and Ice Pack (if applicable) in freezer 1 ½ to 2 hours. Optimum freezer temperature is 0° to 15° F (-18° to -10° C).

### **CARE**

Hand wash and air dry fabric wrap without ice inserts, where applicable. Replacement Ice Packs may be ordered separately for all Polar Ice products except Shin Wrap.

Polar Ice may be stored indefinitely in the freezer for immediate availability. For shorter duration cold therapy, the unit may also be refrigerated. For transporting to athletic events, a cooler with ice maintains the frozen units.

This product intended for single patient use.

### WARNING

Cold therapy may cause frostbite if used improperly. Discontinue use and call your physician if skin becomes discolored or fails to regain normal color within 20 minutes following use.

Brownmed warrants this product to be free of manufacturing defects.



Designed and manufactured in a facility that utilizes geothermal energy for heat and air conditioning.



Packaging 100%recyclable and sourced responsibly from recycled pulp.



Ice pack insert is made with materials that are Bisphenol A free.

### **DISTRIBUTED BY:**



www.brownmed.com



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