



# WHAT IS YOUR ARTHRITIS I.Q.?

The word **arthritis** comes from the Greek arthron meaning "joint" and the Latin **itis** meaning "inflammation". IMAK Compression products are designed with all-day comfort in mind, making them ideal for people living with chronic pain.

Feel the All-Day Difference®

## DID YOU KNOW



There's a compression product designed for ailments that last all day.



tendonitis



carpal tunnel



fibromyalgia



shin splints



poor circulation



arthritis

There's a compression product designed for all-day activities.



gaming



walking



sports



gardening



keyboarding



driving

## BY THE NUMBERS

**58.5 million Americans** have some form of doctor-diagnosed arthritis.

**1 in 4 people** age 16-64 have arthritis.

**Women are 2 to 3 times** more likely to be affected by autoimmune forms of arthritis as men.

## EXERCISE

reduces weight on joints, relieves pain and improves function.

## KEEPING JOINTS

flexible can be helpful - select the right activity and wear proper supports.

## Compression therapy offers a number of benefits to your body.

- pain relief
- reduced swelling
- promotes healing
- increased circulation



Arthritis Gloves, Active Gloves, Wrist Sleeve, Elbow Sleeve and Knee Sleeve have received the Ease of Use Commendation from the Arthritis Foundation.



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\*Source: <https://www.arthritis.org>