

WHAT IS YOUR RSI IQ?

Repetitive Strain Injury (RSI) is a cumulative trauma disorder stemming from prolonged repetitive, forceful, or awkward hand movements. IMAK RSI products provide relief from repetitive strain injuries and are renowned for their comfort and efficacy. The SmartGlove, for example, is designed to encourage proper hand and wrist position to help relieve and prevent wrist pain that's commonly associated with arthritis, tendonitis and carpal tunnel syndrome.

DID YOU KNOW



RSI is common among a broad range of occupations including carpentry, plumbing, manufacturing and delivery driving. Below are a few more examples of the people we help every day.



administrative
assistant



butcher



massage
therapist



musician



construction
worker



medical
worker



painter

BY THE NUMBERS

RSI affects **1.8 million** workers per year.

More than **60%** of workplace illnesses reported each year are related to repetitive strain injuries.

Women aged **45 to 54** reported higher levels of work-related RSI than men and women in all other age groups.

www.osha.gov

Primary risk factors for RSI

POOR POSTURE • POOR TECHNIQUE • OVERUSE

<https://web.eecs.umich.edu/~cscott/rsi.html>



IMAK RSI SmartGlove® has received the Ease of Use Commendation from the Arthritis Foundation.

MOST COMMON RSI SYMPTOMS

Tenderness in the affected muscle or joint

Pain in the affected muscle or joint

Throbbing (pulsating) sensation in the affected area

Pins and needles (tingling) in the affected area, especially the hand or arm

www.MedicalNewsToday.gov

Most People with Carpal Tunnel

Syndrome, an estimated 80 percent,* have nighttime symptoms that cause them to wake at night.



IMAK RSI has products for effective nighttime relief. Rest and night splint remain the #1 doctor-recommended conservative treatment of carpal tunnel syndrome. Our products provide exceptional comfort and maximum pain relief, so you can sleep through the night pain-free.

*<https://www.nbi.nlm.nih.gov>