

ERGONOMIC COMFORT FOR THE DIGITAL WORLD

## STRESS BALL



## IDEAL FOR STRESS RELIEF



HELPS STRENGTHEN HAND MUSCLES



MASSAGING ergoBeads®



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GREAT FOR ISOMETRIC EXERCISE



STRESS RELIEF



FREEZABLE FOR EXTRA COOLING RELIEF



SOFT COTTON MATERIAL

The Stress Ball is ideal for isometric hand strengthening and hand rehabilitation – perfect for stress relief! The ergoBeads® filling provides a gentle massage, while comfortably allowing your fingers to stretch and strengthen. The Stress Ball is also great for managing and healing scar tissue in your hands.

ErgoBeads are specially designed plastic beads that glide comfortably against your skin. This creates a massaging effect to help increase blood circulation to help promote healthy muscle tissue.

Item numbers: A10130 (Black)

A10129 (Blue) A10156 (Gray)



Material Content: 100% Polyester cover, ergoBeads®



