



**NICE STRETCH<sup>®</sup>**

*Night Splints for Plantar Fasciitis*



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## TOTAL SOLUTION PLANTAR FASCIITIS RELIEF KIT

## PLANTAR FASCIITIS SLEEVE



- Daytime sleeve delivers balanced compression that mimics taping methods to distribute pressure evenly across the foot and provides support throughout the day.
- Nighttime splint holds foot in a comfortable and neutral position, gently stretching the Plantar Fascia and the Achilles tendon during sleep.

Item#	Size	Men	Women
53104	Small/Medium	<5	<6
53105	Medium/Large	>5	>6



- Utilizes X-Stretch Technology
- Comfortable, lightweight design
- Reusable
- Bamboo charcoal fiber has antibacterial and deodorizing properties

Item#	Size	Men	Women
53100	Small/Medium	<5	<6
53101	Large/X-Large	>7	>6

★ PATENTED PRODUCT ★

### Wakeupbetter.™

"Eighty-eight percent of patients who completed the study improved...Improvements were maintained at study completion. Response to splinting did not correlate with foot type, degree of obesity, or the presence of heel spur on radiographs. We believe dorsiflexion splints provide relief from the symptoms of recalcitrant plantar fasciitis in the majority of patients." <sup>1</sup>

1. "Effective Treatment of Chronic Plantar Fasciitis with Dorsiflexion Night Splints: A Crossover Prospective Randomized Outcome Study"; Powell M, Post WR, Keener J, Wearden S; Foot Ankle Int'l; Jan 1998; 19(1).

## NICE STRETCH X-LITE



- Compact retail packaging
- Comfortable, lightweight design
- Easy application and removal
- Simple crisscross tension straps

Item#	Size
50320	Universal

## NICE STRETCH X



- Attractive retail packaging
- Soft, comfortable exterior
- Supportive internal framework
- Simple crisscross tension straps

Item#	Size	Men	Women
51030	Small	<5	<6
51031	Medium	5-8	6-9
51032	Large	9-11	10-12
51033	X-Large	>11	>12

★ PATENTED PRODUCT ★

## NICE STRETCH 90° with Polar Ice®



- Fixed angle support
- Rigid, low profile design
- Non-skid treads
- Removable ice pack and toe lift

Item#	Size	Men	Women
50311	Small/Medium	<5-10	<6-9
50312	Large/X-Large	>10	>9

## ORIGINAL with Polar Ice®



- Fully adjustable tension straps
- Collapsible, low profile design
- Soft, comfortable exterior
- Removable ice pack and toe lift

With Ice Item#	Size	Men	Women	Without Ice Item#
51000	Small	< 5	< 6	51010
51001	Medium	5-8	6-9	51004
51002	Large	9-11	10-12	51005
51003	X-Large	> 11	> 12	51006

★ PATENTED PRODUCT ★

## Nice Stretch® History

Nice Stretch Original was born in 1997. It was the first night splint to enter the market with built-in cold therapy. The product, brought to life by a podiatrist and a team of designers at Brownmed, quickly garnered a patent and marketplace recognition for its unique design.

Since Nice Stretch Original's launch, four other night splints have been introduced, all with very specific requirements in mind.

In addition to the Original, the Nice Stretch line now features a dorsal product, a universally-sized splint and a fixed-angle device, allowing you to select the perfect product for your needs. Five Nice Stretch products are available in attractive retail packaging, and one has earned the Arthritis Foundation's Ease of Use Commendation. Two are patented. All are designed with patient comfort in mind.



[brownmed.com](http://brownmed.com)

**Executive**  
134 Rumford Avenue  
Suite 301  
Newton, MA 02466  
P 857-317-3354  
F 857-317-3355  
TF 877-853-5518

**Manufacturing**  
1300 Lundberg Dr. West  
Spirit Lake, IA 51360  
P 712-336-4395  
F 712-336-2874



Scan for a product demo or  
visit [brownmed.com/videos](http://brownmed.com/videos).

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