

## VERSATILITY THAT FITS YOUR NEEDS

Find relief with our Hot/Cold Sleeve featuring a soft, pliable gel lining. The soothing gel provides a snug and comfortable fit that conforms to the contours of your body. Slip on design contours comfortably around knee or elbow. Also can be used on shin, thigh, forearm and other limb locations or held flat as a hot/cold pad anywhere on the body to provide the perfect therapeutic relaxation or healing.

## 3 WAYS TO WEAR!



**1**  
Knee



**2**  
Elbow



**3**  
Shin



Hot or cold therapy



Help reduce swelling in joints



Recovery post surgery



Relieves pain from arthritis



Provides mild compression



Designed by an Orthopedic surgeon



May wear with light bandages



Versatile fit and maximum comfort



## PRODUCT INFORMATION AND SIZES AVAILABLE

**31615 SMALL/MEDIUM (12"-17" circumference)**

**31616 LARGE/XLARGE (18"-24" circumference)**

Material Content:

Cover: 90% Cotton, 10% Spandex

Gel: PU

Gel cover: Nylon, Laminated TPU