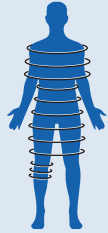




# DELIVERS THE BENEFITS OF CRYOTHERAPY WITH COMPRESSION FOR SOFT TISSUE TRAUMA



## CONFORMS TO BODY

TREAT TARGETED AREAS WITH PRODUCTS SPECIFIC TO YOUR NEEDS



## ENCAPSULATED ICE PACK

- TRANSPORTS EASILY IN COOLER WITH ICE
- PROVIDES QUICK REFREEZE TIME



## VERSATILE

- HOSPITAL
- HOME
- CLINIC
- SPORTS



## SOFT FLEECE MATERIAL

- ELIMINATES MIGRATION DURING USE
- INSULATES SKIN TO PREVENT FROST BITE
- WICKS MOISTURE AWAY



## R.I.C.E. THERAPY

- POST-SURGICALLY
- DURING REHABILITATION + AFTER PHYSICAL ACTIVITY
- PAIN RELIEF FOR BRUISES, SPRAINS OR INJURIES



FINGER SLEEVE



SHIN WRAP



SHOULDER/HIP WRAP



WRIST/ELBOW WRAP



KNEE WRAP



CPM KNEE WRAP



FOOT/ANKLE WRAP



QUICK WRAP



BACK WRAP



TMJ WRAP

## PRODUCT NUMBERS + SIZING CHART

10303	FINGER SLEEVE	SMALL
10304	FINGER SLEEVE	MEDIUM
10305	FINGER SLEEVE	LARGE
30011	SHIN WRAP - SMALL	12-14"
30012	SHIN WRAP - MEDIUM	14-15"
30013	SHIN WRAP - LARGE	15-17"
30014	SHIN WRAP - XLARGE	17-19"
30036	SHIN WRAP	UNIVERSAL
30100	SHOULDER/HIP WRAP	UNIVERSAL
30101	WRIST/ELBOW WRAP	UNIVERSAL
30102	CPM KNEE WRAP	UNIVERSAL
30103	STANDARD KNEE WRAP	13" X 16"
30104	LARGE KNEE WRAP	13" X 26"
30105	FOOT/ANKLE WRAP - GREEN	UNIVERSAL
30405	FOOT/ANKLE WRAP - BLACK	UNIVERSAL
30107	QUICK WRAP	UNIVERSAL
30108	BACK WRAP	UNIVERSAL
30109	TMJ WRAP	UNIVERSAL

UNIVERSAL SIZING + ADJUSTABLE



SCAN FOR INFO



Polar Ice will help to reduce muscle strains and swelling, control pain and promote healing when used according to your physician's instructions following surgery, injury or during rehabilitation.

## INSTRUCTIONS FOR USE

### FREEZING

Place Polar Ice Cold Therapy Support and Ice Pack (if applicable) in freezer 1 ½ to 2 hours. Optimum freezer temperature is 0° to 15° F (-18° to -10° C).

### CARE

Hand wash and air dry fabric wrap without ice inserts, where applicable. Replacement Ice Packs may be ordered separately for all Polar Ice products except Shin Wrap.

Polar Ice may be stored indefinitely in the freezer for immediate availability. For shorter duration cold therapy, the unit may also be refrigerated. For transporting to athletic events, a cooler with ice maintains the frozen units.

**This product intended for single patient use.**

### WARNING

Cold therapy may cause frostbite if used improperly. Discontinue use and call your physician if skin becomes discolored or fails to regain normal color within 20 minutes following use.

Brownmed warrants this product to be free of manufacturing defects.

1. Apply Polar Ice Cold Therapy Support over surgical dressing or injured body area immediately following surgery, strain, or injury, securing with hook and loop for proper fit.
2. For initial application, wear ice therapy wrap for up to 45 minutes over soft dressing or lightweight cloth. If applied directly to skin, Polar Ice Cold Therapy Support should be worn about 20 minutes.
3. Reapply Polar Ice Cold Therapy support at 20-30 minute intervals during first 24-48 hours. Refreezing period is approximately one hour.

## HOSPITAL PATIENTS

- Polar Ice Cold Therapy Support should be applied immediately following surgery to reduce pain and swelling.
- Continue to apply until dressing is removed.
- Following removal of dressing, apply Polar Ice Cold Therapy Support as needed.



Packaging  
100%recyclable  
and sourced  
responsibly from  
recycled pulp.



Ice pack insert  
is made with  
materials that are  
Bisphenol A free.



[brownmed.com](http://brownmed.com)



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