



**Sol Step** is a patented device designed to provide improved cushion and shock absorption on the plantar aspect of the heel. A gel pad, located under the heel, cushions each step. The neoprene stocking-like support fits comfortably in the shoes.

Compression to the heel and arch reduces edema and swelling to accelerate healing. Effective treatment for chronic heel pain, heel spurs, plantar fasciitis, Achilles tendonitis, fat pad contusion or atrophy and calcaneal stress fracture.

## Sol Step™

## **Effective Treatment For**

- · chronic heel pain
- · heel spurs
- plantar fasciitis achilles tendonitis
- · fat pad contusion or atrophy
- · calcaneal stress fracture

## **Unique Design**

- relieves heel pain from plantar fasciitis and heel spurs
- · reduces inflammation with option cold therapy
- treats edema and swelling with compression

## **Supportive Neoprene Construction**

- · fits comfortably like a stocking
- · provides compression to control edema
- · absorbs shock
- · washes and dries quickly

| Size    | Women                    | Men                         |
|---------|--------------------------|-----------------------------|
| Small   | 4-7                      |                             |
| Medium  | 8-11                     | 6-9.5                       |
| Large   |                          | 10-12                       |
| X-Large |                          | >12                         |
|         | Small<br>Medium<br>Large | Small 4-7 Medium 8-11 Large |

Material Content: Neoprene

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